

Multiple Intelligences

What are they and what do they mean?

Everyone expresses himself or herself creatively in his or her own very special way. We all do not express our creativity in the same way. A psychologist from Harvard University named Dr. Howard Gardner identified eight (8) "Multiple Intelligences."

Some of us express ourselves best with **words**.
 Some of us express ourselves best with **numbers**.
 Some of us express ourselves best with **music**.
 Some of us express ourselves best with **visuals**.

Some of us express ourselves best with our **bodies**.
 Some of us express ourselves best **relating to others**.
 Some of us are very **self-aware and know ourselves**.
 Some of us express ourselves best through **nature**.

Multiple Intelligences are the way each person's "brain computer" expresses his or her self creatively to the outside world.

A person may even have more than one multiple intelligence.

There are tests to determine how each person best expresses his or her self creatively. One way to determine your multiple intelligences is to take a Test.

<p>If I express my creativity best with words, my multiple intelligence is</p> <p>Linguistic</p>	<p>If I express my creativity best with numbers, my multiple intelligence is</p> <p>Logical-Mathematical</p>
<p>If I express my creativity best with music, my multiple intelligence is</p> <p>Musical</p>	<p>If I express my creativity best with visuals, my multiple intelligence is</p> <p>Spatial</p>
<p>If I express my creativity best with my body, my multiple intelligence is</p> <p>Bodily-Kinesthetic</p>	<p>If I express my creativity best by relating to others, my multiple intelligence is</p> <p>Interpersonal</p>
<p>If I am very self-aware and I really know myself, my multiple intelligence is</p> <p>Intrapersonal</p>	<p>If I express my creativity best through nature, my multiple intelligence is</p> <p>Naturalist</p>